## ASHAMED NO MORE

Fear can easily be coated with anger, resentment, ignorance, insanity, and worst of all, no feeling or action at all, but me I'm ashamed no more because I changed before I took another fall.

12 weeks ago we discussed attitude; I must change my attitude, a positive attitude produces expectations of myself; "perception is reality," I learned that from and with you, and yes, I have much gratitude. Through this experience I've gained confidence to go along with my competence, you who knew nothing about me embraced me and invested your time, into helping us be better equipped for our return to society plus conscious enough to have our priorities in line. Every action I take now must come from a calculated decision; big or small, because me I'm ashamed no more because I changed before I took another fall.

Some events that occur in life leave a significant mark; a lasting impression, you all definitely left your mark with me and changed how I perceive peoples opinion of me. 3 months ago a lot of us started this journey but we are the ones who endured, 25th graduate class of 2010 our spot is secured. Today I stand proud with a big ol' smile thanks to you all, because me I'm ashamed no more because I changed before I took another fall.

Brandon Moss/2010