

# Extended Health Community Programs

## Piedmont Triad Regional Council Area Agency on Aging

### Registration for SFY 2016



PIEDMONT TRIAD REGIONAL COUNCIL  
AREA AGENCY ON AGING  
336.904.0300 | www.ptrc.org

## Fall 2015 Evidence Based Community Lay Leader and Coach Training Programs

You can  
make a

## Summer/Fall Trainings 2015

1. A Matter of Balance (1.5 Days) \$75 August \*Senior Center Staff/Volunteer: \$45
2. A Matter of Balance (1.5 Days) \$75 September \*Senior Center Staff/Volunteer: \$45
3. Living Healthy (4 Days) \$120 August \*Senior Center Staff/Volunteer: \$85
4. LH Diabetes Cross Training (2 Days) \$75 September \*Senior Center Staff/Volunteer: \$45
5. Arthritis Foundation Tai Chi (2 Days) \*Senior Center Staff/Volunteer: No Charge (1-Person)

*Lite Lunch, Snacks, Training Supplies and Materials are included in the price of each training program.*

## Leader Trainings Coming Winter/Spring 2016

5. Powerful Tools for Caregivers (TBD)
6. Chronic Pain Self-Management Program (TBD)

Register for A Matter of Balance: August Class by 8/3/15 Sept. Class by 9/5/15

Register for Living Healthy: August Class by 8/10/15

Register for Living Healthy with Diabetes: September Class by 9/1/15

Register for Arthritis Foundation Tai Chi: October Class by 8/15/15

### Senior Centers and Senior Community Providers:

- What A GREAT Marketing Venture!
- What A GREAT Community Adventure!
- What A GREAT Staff Builder!



Please send all  
Program Registrations and In-  
quiries

To:

Sheila Hutchinson

1398 Carrollton Crossing Drive  
Kernersville, NC 27284

[shutchinson@ptrc.org](mailto:shutchinson@ptrc.org)

Phone: 336.904.0300 ext. 2013

Fax: 336.904.0361

- Each Certificate Program Training is valued at approximately \$300.00. Please note that all trainings are offered at a substantial reduction of actual costs. Trainees and organizations are asked to sign an agreement to adhere to the Training and Facilitation Terms of PTRC AAA as well as the fidelity of each individual programs policies for facilitation and administration through PTRC AAA.
- For trainees/organizations opting not to fulfill their training and facilitation commitment, PTRC AAA reserves the right to ask for reimbursement of the training cost(s) to secure the equivalent training for another volunteer.
- If you have any questions or concerns please feel free to contact our office.

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**Evidence Based Program Trainings**

**2015 Fall Trainings**

#	Program	Fee	Training Dates
1.	A Matter of Balance (1.5 Days)	\$75/*\$45-Senior Center	Aug. 10-11, 2015 9a-4p
2.	A Matter of Balance (1.5 Days)	\$75/*\$45-Senior Center	Sept. 22-23, 2015 9a-4p
3.	Living Healthy (4 Days)	\$120/*\$85-Senior Center	Aug. 24-27, 2015 9a-4p
4.	LH Diabetes Cross Training (2 Days)	\$75/*\$45-Senior Center	Sept. 14-15, 2015 9a-4p
5.	Arthritis Foundation Tai Chi (2 Days)	\$175/**	Oct. 13-14, 2015 9a-4p

\* Senior Center Staff and Volunteers—Discounted Price

\*\*No charge for Region G's Senior Center's Staff/Volunteer (1 per Center)

Name	Organization
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Email	Business Phone
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County	Personal Phone
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Program#: \_\_\_\_\_ Training Date: \_\_\_\_\_ Cost: \_\_\_\_\_ Total: \_\_\_\_\_  
 Program#: \_\_\_\_\_ Training Date: \_\_\_\_\_ Cost: \_\_\_\_\_  
 Program#: \_\_\_\_\_ Training Date: \_\_\_\_\_ Cost: \_\_\_\_\_

If you need more space, please copy this form.

**Our trainings are “in-demand” and training slots fill up very quickly. Please submit your registrations as soon as possible to secure your spot.**

Please submit **ONE FORM** per registrant, however, you may remit one check for multiple participants.

- Registrations and payments are due by dates indicated on the first page of form.
- Please send checks or money orders payable to: PTRC AAA 1398 Carrollton Crossing Drive, Kernersville, NC 27284. Reference: EHCP Sheila Hutchinson [shutchinson@ptrc.org](mailto:shutchinson@ptrc.org)