Join us to be certified as a coach for the fall prevention course A Matter of Balance— an evidence—based program designed to help others to manage their concerns about falls and balance.



Make a difference in your community!

A MATTER OF BALANCE: COACH TRAINING

DATES

September 26 and 27th, 2019
9am to 4pm both days

LOCATION Piedmont Triad Regional Council 1398 Carrollton Crossing Drive, Kernersville, NC 27284

\$30 (Includes lunch and materials)

REGISTER Complete attached application, and

send to MaryLou White at agewell@ptrc.org or by mail to

address above.

COST

Registration closes on Sept 19th.

Limited scholarships available for community volunteers. For more information, contact MaryLou White at 336-904-0300.