

MAKE A DIFFERENCE IN YOUR COMMUNITY!

# LIVING HEALTHY WITH DIABETES CROSS-TRAINING



DATE: MONDAY, OCTOBER 21, 2019

TIME: 9AM TO 4PM

LOCATION: PTRC OFFICE

1398 CARROLLTON CROSSING DRIVE

KENERSVILLE, NC 27284

**Only active Living Healthy lay  
leaders are eligible to attend.**

COST: \$15-IN REGION,  
\$75 OUT-OF-REGION

(LUNCH AND MATERIALS INCLUDED)

REGISTER: COMPLETE ATTACHED

APPLICATION AND RETURN TO

AGEWELL@PTRC.ORG

Limited scholarships available for community  
volunteers. Contact MaryLou White at  
336-904-0300 for more information.



PIEDMONT TRIAD REGIONAL COUNCIL  
AREA AGENCY ON AGING